



### **Learning at ACTON**

A complete education focuses not only on the academic needs, but a Peacock's physical, social and emotional needs as well. Through this approach students become happy, healthy, independent and empowered people, with skills and character to **THRIVE** in the 21st century.

### **Learning to BE**

Personal virtues such as honesty, work ethic, responsibility, kindness and empathy are developed through community relationships and conflict resolution.




### **Life SKILLS**

Grace, courtesy, care of self and environment and family contributions help to shape a well rounded and self sufficient Peacock.




As parents of the Peacocks, we encourage you to work on these badges with your child and connect with us on their progress. Both badges are required to advance to the next level of academics here at Apollo Academy. We thank you in your efforts to guide your Peacock to their highest potential to find their calling and

**CHANGE THE WORLD!!**



## KINDERGARTEN LEARN-TO-BE BADGE

Mini-Badge	Topic	Requirements
	Emotional Regulation	<ul style="list-style-type: none"><li>• Demonstrates calming techniques</li><li>• Takes resets on their own</li><li>• Completes a full reset process to rejoin the Tribe</li></ul>
	Showing Kindness	<ul style="list-style-type: none"><li>• Shares toys and supplies willingly</li><li>• Helps others when needed</li><li>• Uses kind words in the studio</li></ul>
	Tribe Contribution	<ul style="list-style-type: none"><li>• Plays well with others</li><li>• Doesn't distract self or others</li><li>• Participates in group activities</li><li>• Joins activities on time</li></ul>




## KINDERGARTEN LIFE SKILLS BADGE

Mini-Badge	Topic	Requirements
	Grace and Courtesy	<ul style="list-style-type: none"><li>• Takes turns in conversation</li><li>• Able to encourage, appreciate, and help others</li><li>• Participates in a group discussion appropriately</li><li>• Able to wait in a line</li><li>• Able to sit in a group without distracting self/others</li><li>• Uses appropriate volume based on environment</li><li>• Able to control their body movements</li></ul>
	Care of Environment	<ul style="list-style-type: none"><li>• Maintains a clean work area</li><li>• Able to complete all studio maintenance tasks</li><li>• Is careful with supplies and equipment</li><li>• Empties lunchbox daily</li><li>• Picks up toys at regularly scheduled times</li><li>• Clears table after meals</li><li>• Brings in personal belongings from the car on their own</li></ul>
	Care of Self	<ul style="list-style-type: none"><li>• Independently uses the bathroom, washes own hands</li><li>• Brushes their hair</li><li>• Brushes their teeth</li><li>• Can independently put on their shoes/clothes</li><li>• Carries their school items</li><li>• Maintains good hygiene</li><li>• Chooses items for their lunch</li><li>• Picks out their clothes for the following day</li><li>• Packs their backpack</li></ul>

## LEVEL 1 LEARN-TO-BE BADGE


Mini-Badge	Topic	Requirements
	Katherine Johnson Badge of Gratitude	<ul style="list-style-type: none"><li>• Submit 10 character shoutouts slips - A true character shoutout focuses on the characteristics of a Hero.</li><li>• Write a thank you note to a fellow traveler in the studio</li></ul>
	Grace and Courtesy	<ul style="list-style-type: none"><li>• Be able to encourage, appreciate, and help others when appropriate</li><li>• Participate in a conflict resolution among peers and help resolve a dispute</li><li>• Participate in group discussions appropriately</li></ul>

## LEVEL 1 LIFE SKILLS BADGE

Mini-Badge	Topic	Requirements
	Care of Environment	<ul style="list-style-type: none"><li>• Maintains a clean work space</li><li>• Completes all studio maintenance tasks on time</li><li>• Takes care of studio equipment</li><li>• Makes their bed daily</li><li>• Straightens their bedroom and bathroom nightly</li></ul>
	Care of Self	<ul style="list-style-type: none"><li>• Wakes in the morning to their alarm clock</li><li>• Prepares a simple breakfast</li><li>• Sets out their clothes nightly</li><li>• Sorts their own laundry</li><li>• Masters a 1 minute silent meditation</li></ul>
	Family Contribution	<ul style="list-style-type: none"><li>• Helps to choose groceries when shopping</li><li>• Helps measure ingredients for meals</li><li>• Assists in meal planning and prep</li><li>• Sets the dinner table with condiments and beverages</li><li>• Feeds family pet (if applicable)</li><li>• Assist with meal clean up</li></ul>

## LEVEL 2 LEARN-TO-BE BADGE

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Mini-Badge	Topic	Requirements
	Harriet Tubman Badge of Courage	<ul style="list-style-type: none"><li>● Try something new to every day for a week</li><li>● Lead an exhibition</li><li>● Hold 5 friends accountable</li></ul>

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## LEVEL 2 LIFE SKILLS

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Mini-Badge	Topic	Requirements
	Care of Environment	<ul style="list-style-type: none"><li>● Maintains a clean work area</li><li>● Completes all studio maintenance on time</li><li>● Maintains an organized desk/portfolio</li><li>● Takes care of studio equipment</li></ul>
	Care of Self	<ul style="list-style-type: none"><li>● Fixes snacks and light meals</li><li>● Makes a simple lunch by themselves</li><li>● Uses microwave and toaster on their own</li><li>● Mastered a 3 minute silent meditation</li></ul>
	Family Contribution	<ul style="list-style-type: none"><li>● Washes dishes or places in dishwasher</li><li>● Helps to wash and vacuum the car</li><li>● Helps to read recipes for meals</li><li>● Runs the washing machine and dryer</li></ul>

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## LEVEL 3 LEARN-TO-BE BADGE

Mini-Badge	Topic	Requirements
	Maria Montessori Badge of Intentionality	<ul style="list-style-type: none"><li>● Set balanced S.M.A.R.T. goals for one full session</li><li>● Log one session without being asked to reset for distracting others</li><li>● Track your participation in 10 discussions</li><li>● Log one session without being asked out of circle time</li></ul>




## LEVEL 3 LIFE SKILL BADGE

Mini-Badge	Topic	Requirements
	Care of Environment	<ul style="list-style-type: none"><li>● Maintains a clean work space</li><li>● Completes studio maintenance on time</li><li>● Uses caution with studio supplies and equipment</li><li>● Manages their portfolio in an organized manner</li></ul>
	Care of Self	<ul style="list-style-type: none"><li>● Gathers and sorts their own laundry</li><li>● Manages their own sporting/athletics equipment and uniform (if applicable)</li><li>● Packs their lunch daily</li><li>● Maintains good hygiene</li><li>● Has mastered a 5 minute silent meditation</li><li>● Gets 30 minutes of physical activity a day</li></ul>
	Family Contributions	<ul style="list-style-type: none"><li>● Helps cook a full meal once a week</li><li>● Sets the dinner table with plates and utensils</li><li>● Plans a weekly meal plan with a family member</li><li>● Collects trash/recycling weekly</li><li>● Puts away clean laundry</li><li>● Removes/washes/replaces bedding weekly (ask a parent for instructions for appliances)</li><li>● Vacuums rugs and dusts furniture weekly</li><li>● Runs the dishwasher or helps to wash the dishes</li></ul>



## LEVEL 4 LEARN-TO-BE

Mini-Badge	Topic	Requirements
	Hawking & Rogers Badge of Curiosity & Kindness	<ul style="list-style-type: none"><li>• Lead 3 socratic discussions</li><li>• Draft a deep, open-ended question, research the answer, and document it</li><li>• Take a curiosity walk somewhere new</li><li>• Keep a curiosity journal for one session</li></ul>

## LEVEL 4 LIFE SKILLS

Mini-Badge	Topic	Requirements
	Care of Environment	<ul style="list-style-type: none"><li>• Maintains a clean work space</li><li>• Completes studio maintenance on time</li><li>• Uses caution with studio supplies and equipment</li><li>• Manages their desk and portfolio in an organized manner</li></ul>
	Care of Self	<ul style="list-style-type: none"><li>• Maintains good hygiene</li><li>• Packs their own lunch daily</li><li>• Empties lunchbox and backpack daily</li><li>• Mastered a 10 min silent meditation</li><li>• Completes at least 30 minutes of physical activity daily</li><li>• Writes at least 3 daily affirmations</li><li>• Opened a bank account and started a savings plan</li></ul>
	Family Contribution	<ul style="list-style-type: none"><li>• Helps to care for a pet (if applicable)</li><li>• Mops floors weekly (with training)</li><li>• Dusts baseboards weekly</li><li>• Folds laundry for the family</li><li>• Helps to find groceries in the store from a family list</li></ul>

## LEVEL 5 LEARN-TO-BE BADGE

Mini-Badge	Topic	Requirements
	MLK Badge of Integrity & Servant Leadership	<ul style="list-style-type: none"><li>● Serve on the excellence committee for one session</li><li>● Maintain soaring status for 3 weeks in a session</li></ul>
	Servant Leadership	<ul style="list-style-type: none"><li>● Serve on the exhibition planning committee for one session</li><li>● Identify a problem in the studio and propose a solution</li><li>● Lead a Town Hall Meeting</li><li>● Read “Growing My Leadership Garden” and complete all of the journal reflections</li></ul>

## LEVEL 5 LIFE SKILLS BADGE

Mini-Badge	Topic	Requirements
	Care of Environment	<ul style="list-style-type: none"><li>● Maintain a clean work space</li><li>● Complete a weekly household contribution</li><li>● Make your own bed daily</li><li>● Set the dinner table with plates and utensils</li></ul>
	Care of Self	<ul style="list-style-type: none"><li>● Gather and sort your own laundry</li><li>● Manage your own sporting / athletics equipment and uniform</li><li>● Maintain good hygiene</li></ul>